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Republic of Latvia

Cabinet

Regulation No. 434

Adopted 17 June 2008

Regulations regarding the Residence Norms of Third-country Nationals Placed in an Accommodation Centre, as well as the Amount and Procedures for Receipt of Guaranteed Health Care Services

*Issued pursuant to
Section 59, Paragraph three of the
of the Immigration Law*

1. These Regulations prescribe the residence norms of third-country nationals placed in an accommodation centre of the State Border Guard (hereinafter – persons), as well as the amount and procedures for receipt of guaranteed health care services.
2. Persons of legal age shall be specified the daily No. 1 nutritional norm pursuant to Annex 1 to these Regulations.
3. Minors shall be specified the daily No. 2 nutritional norm pursuant to Annex 1 to these Regulations.
4. The daily nutritional norms for children from six months to four years of age shall be specified pursuant to Annex 2 to these Regulations.
5. The basic nourishment for newborn children and infants from birth up to five months of age shall be mother's milk or an artificial mixture pursuant to the instructions of a medical practitioner.
6. The daily No. 3 nutritional norm pursuant to Annex 1 to these Regulations shall be specified to:
 - 6.1. pregnant women – six months before the planned term of childbirth;
 - 6.2. women – three months after childbirth; and
 - 6.3. women while breastfeeding – throughout the breastfeeding period.
7. The nutritional norm for persons taller than 195 centimetres shall be specified in the amount of one and a half norms.
8. The daily No. 4 nutritional norm pursuant to Annex 1 to these Regulations shall be specified to persons suffering from an active phase of tuberculosis, exacerbation phase of a

gastric or duodenal ulcer, anaemia, malignant tumours, AIDS, malnutrition of a moderate or severe stage and receiving outpatient treatment.

9. According to the instructions of a medical practitioner:

9.1. for persons suffering from diabetes the following may be substituted:

9.1.1. the norm of wheat bread by rye bread;

9.1.2. sugar by sugar substitutes;

9.1.3. pasta and two thirds of the (net) daily nutritional norm of potatoes – by 40 grams of groats or 400 grams of vegetables (net);

9.2. for persons suffering from a digestive tract illness in an exacerbation phase, the norm of rye bread (according to nutritional norms) may be substituted with wheat bread.

10. A person shall be provided with drinking water at any time.

11. Interchangeable edible products of a daily nutritional norm shall be determined in accordance with Annex 3 to these Regulations.

12. The annual No. 1 norm of washing products and personal hygiene products for persons of legal age and minors (children from five years of age) shall be determined in accordance with Annex 4 to these Regulations.

13. The annual No. 2 norm of washing products and personal hygiene products for children up to 12 months of age shall be determined in accordance with Annex 4 to these Regulations.

14. The annual No. 3 norm of washing products and personal hygiene products for children from one to four years of age shall be determined in accordance with Annex 4 to these Regulations

15. Upon placing a person in an accommodation centre, a medical practitioner of the accommodation centre shall make an entry regarding his or her health condition on the outpatient medical card of the person.

16. A person shall receive:

16.1. emergency medical assistance;

16.2. primary health care services; and

16.3. secondary health care services.

17. Health care services shall be provided to a person according to the following procedure:

17.1. emergency medical assistance – by a medical practitioner of the accommodation centre (begins to act without waiting for the arrival of the emergency medical assistance team) and – after the call made by an official or a medical practitioner of the accommodation centre – by the emergency medical assistance team;

17.2. primary health care services (dental assistance – in case of acute toothache) – the medical practitioner of the accommodation centre (dental assistance – dentist); and

17.3. secondary health care services, which are to be provided immediately and are provided to a person by a specialist, – with a referral of the medical practitioner of the accommodation centre or the emergency medical assistance team.

18. A person shall receive primary health care services in a room specifically provided for this purpose:

18.1. by addressing a medical practitioner of the accommodation centre upon his or her own initiative; or

18.2. upon the invitation of the medical practitioner of the accommodation centre.

19. A person shall be provided with health care services at an outpatient medical treatment institution in such a level and amount that his or her health condition:

19.1. would allow outpatient medical treatment at the accommodation centre;

19.2. would not cause a threat to the health and safety of other persons; and

19.3. would allow the expulsion of the person from the State until conveyance to the respective state, to which he or she has been expelled.

20. A person shall use medicinal products only in the presence of an official or a medical practitioner of the accommodation centre, except for the instance when a special written instruction of the medical practitioner of the accommodation centre has been received.

21. Cabinet Regulation No. 339 of 6 August 2002, Regulations regarding Nutritional Norms, Norms of Washing Products and Personal Hygiene Products for Detained and Administratively Arrested Persons (*Latvijas Vēstnesis* [the official Gazette of the Government of Latvia], 2002, No. 114, 177; 2004; No. 9, 102; 2006, No. 14) is repealed.

Prime Minister

I. Godmanis

Minister for the Interior

M. Segliņš

Daily Nutritional Norms (Net) for Third-country Nationals Placed in an Accommodation Centre

No.	Product	Daily nutritional norm (amount in grams)			
		No. 1	No. 2	No. 3	No. 4
1.	Bread from pearled rye and first-rate wheat flour	150	200	150	150
2.	Bread from second-rate wheat flour	100	100	100	100
3.	Wheat flour (second rate)	10	10	10	10
4.	Groats (in total)	50	60	50	50
5.	Pasta	50	50	30	30
6.	Meat	80	80	100	100
7.	Fish (fresh, frozen, salted, without heads)	80	80	80	80
8.	Vegetable oil	25	25	15	15
9.	Sugar	40	30	40	40
10.	Natural tea	5	4	3	3
11.	Salt	5	5	5	5
12.	Potatoes	250	250	250	250
13.	Vegetables	300	300	400	400
14.	Fresh fruit	200	200	200	200
15.	Dried fruit	15	15	15	15
16.	Milk	250	250	250	250
17.	Cream	20	20	20	20
18.	Curd	–	50	50	50
19.	Cheese	30	30	30	30
20.	Butter	–	20	10	10
21.	Yoghurt	–	125	125	125
22.	Eggs	0.5 units	0.5 units	1 unit	1 unit
23.	Juice	–	200	200	200
24.	Confectionery	25	30	20	20
25.	Spices	0,3	0,3	0,3	0,1
26.	Tomato paste	3	3	3	–
27.	Starch	1	1	1	1

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Daily Nutritional Norms (Net) for Children Placed in an Accommodation Centre

No.	Product	Daily nutritional norm (amount in grams)	
		from six months to 12 months of age	from one year to four years of age
1.	Rye bread	30	30
2.	Wheat bread	–	60
3.	Groats, legumes and pasta	25	30
4.	Potatoes	25	100
5.	Vegetables and greens	25	150
6.	Fresh fruit	50	100
7.	Dried fruit	–	10
8.	Sugar	5	25
9.	Confectionery	–	15
10.	Tea, cocoa	1	5
11.	Meat	10	20
12.	Poultry meat	20	30
13.	Fish	–	20
14.	Artificial mixture	770	250
15.	Curd	–	25
16.	Sour cream	–	10
17.	Yoghurt	–	125
18.	Cheese	–	20
19.	Butter	–	20
20.	Vegetable oil	–	5
21.	Eggs	–	0.5 units
22.	Spices	–	4
23.	Salt	–	3
24.	Honey	–	5
25.	Juice	50	50
26.	Milk	–	250

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Interchangeable Food Products in the Daily Nutritional Norms for Third-country Nationals Placed in an Accommodation Centre and Norms Thereof (Net)

No.	Product	Product to be substituted (amount in grams)	Substitute product (amount in grams)
1.	Bread from pearled rye and wheat flour shall be substituted with:	100	
1.1.	rusks of second- or first-rate rye or wheat flour		60
1.2.	bread from second-rate wheat flour		95
1.3.	bread from first-rate wheat flour		90
1.4.	white bread from first-rate flour		86
1.5.	crispbread		80
1.6.	second-rate wheat flour		66
1.7.	different types of groats		66
1.8.	pasta		66
1.9.	pastry		80
2.	All types of groats shall be substituted with:	100	
2.1.	pasta		100
2.2.	second-rate flour		100
2.3.	fresh vegetables		500
2.4.	potatoes		500
3.	Potatoes and all types of vegetables shall be substituted with:	100	
3.1.	groats, flour, pasta		20
3.2.	chives		200
3.3.	fresh garlic		20
4.	All types of meat shall be substituted with:	100	
4.1.	frozen, boneless meat		80
4.2.	first-rate offal		100
4.3.	second-rate offal		300
4.4.	half-gutted poultry meat		120
4.5.	poultry meat		100
4.6.	small sausages or scalded sausages		80
4.7.	canned meat		75
4.8.	fish		150
4.9.	canned fish		120
4.10.	soy concentrate products*		10

No.	Product	Product to be substituted (amount in grams)	Substitute product (amount in grams)
4.11.	cheese		48
4.12.	eggs		2 (units)
5.	All types of fish shall be substituted with:	100	
5.1.	salted herring		100
5.2.	fish fillet		70
5.3.	salted herring without heads		80
5.4.	fresh fish without heads		80
5.5.	canned fish		80
5.6.	meat (beef, mutton or pork)		67
6.	Whole milk (100 cm ³ of milk equal 100 g) shall be substituted with:	100	
6.1.	kefir, curdled milk or acidophilous milk		100
6.2.	powdered milk*		15
6.3.	sweetened condensed milk		20
6.4.	unsweetened condensed milk		30
6.5.	cream		15
6.6.	curd		30
6.7.	cheese		18
6.8.	eggs		0.5 (units)
6.9.	fish		60
7.	Eggs shall be substituted with:	1 (unit)	
7.1.	milk		200
7.2.	meat		50
7.3.	fish		120
7.4.	egg powder*		15
8.	Sugar shall be substituted with:	100	
8.1.	caramels		50
8.2.	jam or fruit purées		140
8.3.	marmalade		130
8.4.	cookies		100
8.5.	dried fruit		67
8.6.	fruit-juice gelatine concentrate		100
9.	Tomato paste shall be substituted with:	100	
9.1.	tomato-based sauce		200
9.2.	tomato juice		500

* Interchangeable food products and norms thereof, which do not apply to minors.

No.	Product	Product to be substituted (amount in grams)	Substitute product (amount in grams)
10.	Fresh fruit shall be substituted with:	100	
10.1.	fresh berries		100
10.2.	water melons		300
10.3.	dried fruit		20
10.4.	preserved compotes		50
10.5.	natural juices		100
10.6.	preserved juices, which contain 50% of dry product		20
10.7.	fruit beverages		130
10.8.	fruit and berry extracts		10
11.	Fruit and berry juices shall be substituted with:	100	
11.1.	canned fruit		50
11.2.	sugar		30
12.	Dried fruit shall be substituted with:	100	
12.1.	fresh fruit		500
12.2.	sugar		150
12.3.	fruit-juice gelatine concentrate		150
13.	Natural tea shall be substituted with:	100	
13.1.	instant tea		80
13.2.	coffee drink		150
13.3.	instant coffee		100
13.4.	cocoa		150

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Norms of Washing Products and Personal Hygiene Products for Third-country Nationals Placed in an Accommodation Centre

No.	Names and unit of measurement of washing products and personal hygiene products	Norms (per year)		
		No. 1	No. 2	No. 3
1.	Toothbrush (unit)	4	1	3
2.	Toothpaste (ml)	600	200	500
3.	Toilet paper (rolls)	24	5	12
4.	Wet wipes (packaging)	–	20	15
5.	Sanitary towels for women – if necessary (units)	180	–	–
6.	Household soap (g)	2400	–	–
7.	Toilet soap (g)	1200	–	–
8.	Hair shampoo (ml)	720	–	400
9.	Disposable razors – if necessary (units)	36	–	–
10.	Disposable nose tissues (package)	24	6	24
11.	Cotton wool (g)	200	200	200
12.	Comb (unit)	1	1	1
13.	Baby soap (g)	–	600	700
14.	Baby cream (ml)	–	400	400
15.	Baby oil (ml)	–	400	400
16.	Baby powder (ml)	–	400	300
17.	Pacifier (unit)	–	6	1
18.	Bottle (unit)	–	3	1
19.	Bottle nipple (unit)	–	6	1
20.	Oilcloth (unit)	–	3	1
21.	Diapers (unit)	–	1400	1100 (until two years of age)
22.	Washing powder (g)	4800	3000	3000
23.	Dishwashing detergent (ml)	2400	2000	2000

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